

Chronic Disease in Missouri

Percentage of adults nationwide and in Missouri who report having the following chronic diseases

	UNITED STATES (Age 18+)	MISSOURI (Age 18+)	MISSOURI (Age 45+)
Heart Attack	N/A	5.2	10.4
Coronary Heart Disease	N/A	4.8	9.6
Stroke	N/A	3.4	6.2
Diabetes	7.5	7.4	13.3
Asthma (current)	8.5	8.6	7.8
Arthritis	27	32.1	48.2
Cancer	N/A	7.7	12.3

Source: 2005 and 2006 Behavioral Risk Factor Surveillance System, Missouri Department of Health and Senior Services

Risk Factors for Chronic Disease in Missouri

Percentage of adults nationwide and in Missouri who report having the following risk factors for chronic diseases

	UNITED STATES (Age 18+)	MISSOURI (Age 18+)	MISSOURI (Age 45+)
High blood pressure	25.5	27.3	41.5
Smoking	20.0	23.2	18.8
Physical inactivity	22.6	23.2	30.0
Overweight	36.5	35.7	39.5
Obese	25.1	27.2	28.9
Less than 5 fruits and vegetables daily	76.8	77.4	76.1

Source: 2005 and 2006 Behavioral Risk Factor Surveillance System, Missouri Department of Health and Senior Services

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